



Blooming now, our many naturalized "Resurrection Lilies" here in Westport symbolize eternal life.

A Time of Loss, And Sorrow

Steve Brigham, Editor

Westport is a small town, where pretty much everyone knows everyone. We may not all hang out with one another all the time, but we all visit from time to time with one another at the Westport Community Store and Post Office, and we all work together on community projects. Westport is a tightknit community, and when sad things happen, we come together as family.

In August, our ship was rocked by the sad deaths of two of our most important and cherished community members. Frank Maurice, our Fire Chief and town realtor, died on August 10th, and Nedra Lancaster, long-time Westport historian and President of the Westport-Ten Mile Cemetery District died on August 20th. These two incredible (and incredibly compassionate) Westportians have shaped this town for many years, and our sudden loss from their passing brings all of us great sorrow now.

Our hearts go out to Frank and Nedra's families in this time of loss and grief. In future issues of *The Westport Wave*, we will feature your remembrances of these great Westportian friends of all of us. Please send your remembrances and photos of Frank and Nedra to me at <u>westportwave@gmail.com</u>, or PO Box 237, Westport, CA 95488. Thank you.

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Final Summer Westport Headlands Market on Saturday, September 2nd

Sarah Cullar

The Summer Flea Markets on the Westport Headlands series finishes up on Saturday, September 2nd, from 11:00AM to 2:00PM. Don't miss it! Bring whatever you have (new or used) to sell, or just come by and shop. If you plan to participate, or for more information, please let Sarah Cullar know by phone (962-0181), e-mail (sarah.e.cullar@gmail.com), or via the Westport Markets Facebook page.

Community Forum at the Westport Municipal Advisory Council Meeting September 5th

Thad Van Bueren

The Westport Municipal Advisory Council meets Tuesday September 5th at 7:00 PM at the Westport Church to discuss several matters of community interest. The topics will include a new Coastal Development Permit at 37060 North Highway 1 in Westport (Siler). There will also be ongoing discussion of topics discussed previously. Those topics include: 1. Sanitation/trash issues associated with informal camping on public lands along Highway One; 2. Traffic calming on Pacific Avenue in Westport; and 3. Medical Marijuana permitting in the WMAC area.

The WMAC now has a full set of Directors with the recent appointments by the Board of Supervisors on August 15th of Sally Grigg as the Alternate and Gary Quinton as a Director. For more information including a copy of the agenda please access the "Next Meeting" page on the WMAC web site at: <u>http://www.westportmac.org/</u>. Any community member may suggest an agenda topic, but the issue must fall within the purview of the WMAC (see the WMAC home page). Contact the chairperson at WMAC95488@wildblue.net with agenda topics you wish to bring up for community discussion.

September MCPRD Classes at the Westport Recreation Center

Tabby Korhummel



Mondays 9:30AM – Yoga with Melinda Tuesdays 9:30AM – Tai Chi with Beck Thursdays 9:30AM -- Zumba Fitness with Tabby

Sunday, September 17th – SPECIAL PAINTING CLASS WITH QUEEN! "Creative Composition and Layout: Filling The Canvas" 11:30AM-2:30PM, \$20 fee includes canvas, please bring your own paint. Please see our flyer on page 9 of this newsletter.

We love new students, so please come try all of our classes! All classes are great for beginners and experienced exercisers alike! For more information please call Tabby at 707-367-0010 or message The Westport Community Recreation Center on Facebook.

Westport Yoga

Melinda McLaughlin

Westport's weekly yoga practice resumed in August after our July recess, and continues in September at 9:30AM every Monday at the Westport Recreation Center. A variety of poses reaching across the asana families is offered each Monday. We stand to involve and strengthen the big muscles of the body. We bend backward, forward, and twist to develop and strengthen our core muscles; and we GENTLY turn upside down to relax and find balance.

Class begins at 9:30AM at the recreation room on Abalone Street. Arrival a few minutes prior helps with preparation. A variety of props is available to assist our practice thanks to the WVS and MCRPD. Your own mat is always a good idea.

September at the Westport Hotel and Old Abalone Pub

Joywolf

This month we will be having music most Friday and Saturday nights, including our own **Erin Brazill and friends on Saturday September 2nd** from 5:00PM to 8:00PM, plus **Alejandro Yanez playing his classical and flamenco guitar** most Fridays from 6:00PM to 9:00PM. Come see us at **Winesong** on September 9th all day at the botanical gardens. <u>Please note that the</u> <u>Pub will be closed to the public on Saturday</u> <u>September 23rd for a private party.</u> Sunday nights will continue through September, and don't forget to ask for your 10% "local love" discount!!

Circle of Men Retreat

Baile Oakes

The 26th Annual Circle of Men Retreat will be held from **4PM Friday September 15th to 4PM Sunday**, **September 17th** at the Shambhala Ranch at 21200 Orr Springs Rd. Cost, including 6 meals, is \$250, with financial assistance available. Please contact Baile Oakes at (707) 964-7721 or Richard Rasmussen at (707) 964-6222 for reservations and more information.

Mendocino Women's Retreat

Liza Saenz

The Mendocino Women's Retreat is coming again for its 9th year on **September 22nd to 24th** at the beautiful River's Bend Retreat Center, in Philo. This year's theme is Many Paths, One Heart—Sharing in Sacred Circle. Women of many paths and preferences, ages and stages, colors and backgrounds, old and new friends, will be gathering to sing, dance, swim and create with Nature. We will feast on organic catered meals and enjoy a variety of accommodations to suit every need. See <u>www.mendocinowomensretreat.com</u> to register or for more information. The web site has a map of the different older or new lodges, cabins, tents w/beds, and places to pitch a tent. Women may also call June 734-0505 or Lara 357-5365. You are invited to join the fun at this year's 9th Annual Mendocino Women's Retreat. Hope you can come!

Depression and Bipolar Support Group Mondays In Fort Bragg

Baile Oakes

This year I had the good fortune to experience a Depression and Bipolar Support Alliance (DBSA) Peer Support Group and found it to be a truly healing step along my path to peace. With the help of many people within and outside of our coastal community, we presently have the opportunity to manifest an ongoing **weekly Monday evening meeting** at Saint Michael's Meeting Room (corner of Franklin and Fir Streets) in Fort Bragg, **starting on Monday**, **September 11th from 7:00PM to 9:00PM.**

Weekly support group meetings are designed for high functioning individuals with depression, bipolar, and related mood disorders and/or family members. Meetings are free, with donations accepted.

Support from others who have experienced Depression and other related mood disorders is essential to recovery. One of the most helpful things one person can say to or hear from another is "I've been there." Depression and bipolar disorder can be isolating illnesses. A DBSA Peer Support Group is a path to help connect you with others who have been there as well. For more information please see: http://www.dbsalliance.org/site/PageServer?page name=peer_landing.

It's Harvest Time at the Westport Community Garden!

Steve Brigham

This month at the Westport Community Garden, we've got several types of lettuce, two kinds of kale, Chinese snow peas, cilantro, strawberries, two kinds of green string beans, Italian green beans, yellow zucchini, cucumbers, and even some tomatoes, all organically grown and ready for picking! Just stop by any time (right next to the Recreation Center at the end of Abalone Street), and help yourself – it's absolutely free to all! At the price of vegetables these days, think of all the money you'll save – plus, you know right where they are grown and you know that they're as fresh as fresh can be. So go for it, and tell your friends. Mom says fine!



The Westport Community Church

Westport Community Church September 2017 Calendar

Founded in 1880, the **Westport Community Church** is a multi-denominational church which serves the Westport community and its many spiritual paths. It is also the prime meeting hall for the Westport Community and its activities. In addition to being a community meeting hall, we are also doing our best to nurture our tradition of having weekly spiritual gatherings at the Church (which is at the end of Abalone Street on the left), with all religious and spiritual denominations both welcome and encouraged to hold both regular and special services here. Please contact us at

westport.community.church@gmail.com for use of the Westport Community Church for community meetings, activities, or religious services, and also to see how you can help keep our Westport Community Church organization improving and our Westport Community Center buildings and grounds maintained and improved.

1st Sunday, September 3rd, 10:00AM – Our Bi-Monthly Quaker Worship Group

Katharine White leads our regular 1st Sunday Quaker Worship Group meeting. The format is a simple, quiet meditation for 45 minutes followed by Katharine reading Quaker passages and a shared discussion of our experience including sharing of any of our thoughts or readings that one is inspired to bring to the group. This has been and will continue to be a very peace-filled and nurturing experience.

2nd Sunday, September 10th, 10:00AM – Carolyne Cathey, *"Till Death Do Us Not*

Part''. Carolyne Cathey leads an interactive discussion on "Till Death Do Us Not Part." Carolyne asks, "What is death? What happens when we die? Are there messages we receive from the 'other side' that give us clues to who we are and why we are here - what this all about? How do we deal with the grief and pain when a loved one transitions? How do we grasp the truth that we are all eternal? Join Carolyne in a healing interactive discussion of life after life.

Donations are welcome to support the Church!

Carolyne Cathey's new book, "Divine Messages from Jesus for a magnificent life" is now available in paperback and Kindle versions. For more information, please see

https://carolynecathey.com/divine-messages-fromjesus/

3rd Sunday, September 17th, 10:00AM – Our Bi-Monthly Quaker Worship Group

Katharine White leads our regular 3rd Sunday Quaker Worship Group meeting. The format is just like our 1st Sunday Service.

Please note that the Westport Community Church now has a new e-mail address, <u>westport.community.church@gmail.com</u>. If you would like to be on our mailing list and receive reminders of our programs and services as well as other Church news, please send us an e-mail and we'll include you on our e-mail list.

You are invited to our monthly community volunteer meetings on the first Sunday of every month at 11:30PM at the Church – please stop by to see how you can help improve our valuable Community Center and community resources!

Remembering Frank Maurice

Editor's Note: The following is adapted from an article by Chris Calder in the Fort Bragg Advocate-News, whom we thank very much.

Frank Maurice, Westport's Fire Chief for the past three years and a 15-year Westport Volunteer Fire Department veteran as a first-responder, EMT, Captain, and Chief, passed away at his home on August 10th. Bill Knapp, Westport Fire Department Board President, said Frank was known for his concern for the needs of the department and its responders, ability to work with other departments in the county, and his tireless energy. "For him, the department was the most important thing that wasn't his family or full-time job," Knapp said. "He had a sense of duty."

Frank also worked at Westport's water treatment plant from 2007 to 2009 and remained on call to help at the water plant afterward, said his widow Lin Taylor-Maurice, who also served as a responder and is the Westport Fire Department's Chaplain. Frank's work as a realtor for Century 21 in Fort Bragg, she said, also brought him a lot of satisfaction. "He loved working in the community helping people sell or buy their homes," she said, adding that the Century 21 office "was like family to him." Frank also served on the Coastal Mendocino Association of Realtors board of directors and received their "Humanitarian for Community Service" award in 2016.

Frank joined the Westport Fire Department in 2002, and Knapp said he played an active role in helping reorganize the department after a tumultuous period in the early 2000s. "This is a bootstrap operation and it has been all its life," Knapp said, adding that Frank made it a point to connect the department with the community, and with other departments through his role with the Mendocino County Fire Chiefs Association, initiating cooperative and resourcesharing efforts through the connections he made.

"Frank was a people person ... once he became the Fire Chief, one of the things he was able to do was to make us more visible," a key part of maintaining a small department, Knapp said. "The Chief is not just the guy who's managing a response scene. It's more than that," he added. "... Frank was always trying to find out what responders needed and suggesting things that would help. "He's the kind of guy who always had your back."

Frank maintained his EMT status, attended the state's Fire Academy numerous times, and worked to connect Westport responders with that and other training opportunities whenever he could, Knapp said. "Selfless and dedicated" were the words new Westport Fire Chief Dan Maxey used to describe Frank. "His attitude was all about community," said Maxey. "Whether it was getting groceries for somebody who couldn't make it to the store or finding things the department needed, he was there."

Frank Maurice Memorial Potluck at the Westport Hotel August 30th

A memorial potluck for Frank Maurice will be held at the Westport Hotel on **Saturday, September 30th**, **beginning at 2PM**. All are invited!

Remembering Nedra Lancaster

Steve Brigham

Long-time Westport resident and community leader Nedra Lancaster passed away on August 20th. Funeral services were held on August 29th at Chapel By The Sea in Fort Bragg, followed by burial services at the Westport Cemetery and a reception at the Westport Community Church.

Former Westport Community Store owner Bill Eagleton remembers Nedra as a "real sweetheart who would do anything for anybody". Nedra worked for Bill as Manager of the Westport Store for 23 years, and Bill recollects how he and his wife Bonnie and George and Nedra Lancaster started the Westport Volunteer Fire Department. Nedra and George raised 5 children of their own, 2 adopted children, and an amazing 76 foster children over the years.

Nedra also served as President of the Westport-Ten Mile Cemetery District for many, many years, and it has been an honor for me to serve with her in recent years on that board. Nedra knew more Westport history than nearly anybody. She was so down-to-Earth and so kind, and we will all miss her so much.

Westport Village Society Annual Meeting October 6th

Thad Van Bueren, President, WVS

The WVS 2017 Annual Members' Meeting will be held Friday October 6th at the Westport Community Church on Abalone Street starting at 6:30 PM. This year the WVS is celebrating its 25th anniversary. We invite you to renew your membership or join the WVS for the first time. An application form is provided on the last page of this newsletter or you can download it from our web site at:http://www.westportvillagesociety.org/Data/Applic ation.pdf.

The annual meeting begins at 6:30 PM with a casual opportunity to socialize. Snacks and beverages are provided and your contributions of edible treats are welcome! Catch up with local friends, become a member, and view our historic photo collection. We call the official meeting to order at 7:00 PM. The Member meeting starts with a brief review our activities over the past year. The expiring terms of three Directors will be filled by a vote of members living in or owning property in the membership area (see map in the application form).

Please consider running for our Board if you find the WVS mission inspiring. You can find out what we are about at: http://www.westportvillagesociety.org. For those interested in running for our Board, please consider sending a brief news item for the Oct. 1 edition of the Wave that explains why you are interested in running as a candidate for the Board and something about your background and skills. You will also have a chance to make a brief statement prior to the vote at the Oct. 6th meeting.

After electing Directors we'll ask for suggestions for desirable projects and activities for the coming year. Then evening a short slide show will be offered to showcase the acquisition of the Headlands and construction of public access improvements on that property. It is an inspiring story of what a small community can do when we all pitch in. You don't have to be on our Board to get involved. Everything we do is accomplished by volunteers! Come join us! We look forward to seeing you on the evening of October 6^{th} .

WVS Mini-Grants

WVS Mini-Grant Committee

Since the inception of the Westport Village Society Mini-Grant Program in October of 2014, 16 grants have been awarded, in three different community service categories: 1) benefit/beautification of the community, 2) events, and 3) outreach. The WVS is continuing this program, and funds are available again this fiscal year, through June 30, 2018. **Please see the Mini-Grant Application Form on page 10 of this newsletter for details.** With your help, we look forward once again to serving the Westport community in 2017-2018!

Court-Ordered Community Service Opportunities in Westport

Gary Quinton

Do you need to serve court-ordered Community Service or serve in a Sheriff's Department Work Release program? Why not serve it in your community? We would value your time!

There are several places and varied types of work in Westport where you can provide your hours and get credit towards the satisfaction of your court order, including work for the Westport Volunteer Fire Department, Westport-Ten Mile Cemetery District, and the Westport Village Society. Jobs include grass and weed cutting, painting, handyman work, and more. We can help you with registration paperwork and compliance/completion documents. If you are interested, please call Gary Quinton, (707) 964-7073.

24/7 Westport Wave

The Westport Wave is always free to everyone at any time on the Newsletter page of our website <u>westportvillagesociety.org</u> – where you'll always find our most current issue as well as over five years of monthly back-issues, all in living color, with live links! Check it out, and tell your friends!

Crossing the Digital Divide --Rules of the Road (Volume 4)

Joe Feigon

Editor's Note: Following is the first in a series of articles on Web use and computers, graciously provided by Joe Feigon, courtesy of the Mendocino County Observer. Thanks, Joe!

I hear this all too often: "I only watch Netflix a couple times a week, why do I use up my monthly quota so quickly?" The satellite vendors aren't out to punish us, they have expensive equipment with limited capacity floating in space. Our use of technology has changed, "rich media" is everywhere. Quotas are established to ensure quality of service for all subscribers.

Let's examine the typical satellite home deployment. Our local satellite providers deliver two pieces of equipment with each installation: a radio and modem. The radio is attached to the dish in your yard, the modem sits on a desk or floor in your home. The modem provides you access to the web via one RJ-45 port, into which a cable is connected to your computer. Many of you may have a wireless router, which is connected to the modem via a single Ethernet cable. We'll assume you've got wifi.

* To reduce bandwidth usage on your PC, while watching Netflix, YouTube or Hulu, explore the options menu within each application, and choose SD (standard definition), or Low Quality. A 45 minute show, in SD, consumes roughly 650MB, the same show, in HD (high definition), 1.5GB. Review your current usage levels before binging on "Orange is the New Black" or "Star Trek the Next Generation."

* To reduce bandwidth usage with

Smartphones/iPhones, review your social media settings, e.g., Facebook. Disable auto play any video. Set your Twitter feeds for once an hour, set your email for ½ hour or more. Disable weather apps. Disable anything real time that runs in the background. These are all great features when you aren't paying monthly for utilization (versus unlimited access options). * Protect your wifi network. Don't give everyone who visits your wifi password. Control your resources, it's easier than instructing all your guests "please, no YouTube, Spotify, or Netflix..."

Netiquette basics: if you're on the web, you've become part of a global community. Westport has its cultural nuances, but it fair to say, we're more alike in our thinking than not. This isn't true beyond our borders; county, state or country. Safe travels require a high degree of sensitivity, in other words, what may make you smile might make another cringe.

When you're holding a conversation online, whether it's an email exchange or a response to a discussion group posting, it's all too easy to unknowingly offend someone. With a false sense of computer use privacy, it becomes frighteningly easy to forget that your correspondent is a person with feelings of their own. We all know how easily words can be misinterpreted by the media. It safe to say, words without "in person" facial expression and body language and a cultural common ground are often "misread." You've probably read this before: READING ALL CAPS LIKE HEARING SOMEONE YELLING. Don't yell, and don't assume your audience knows R. Crumb from L. Ron.

Remember, if you post anything to the web, it's there forever (even your email). Measure twice, cut once. Keep your digital footprint as clean as possible. Don't put anything on the web (or in email) that you wouldn't want completely public. There is no privacy, and there's no taking it back.

Does your computer have an anti-virus program running? Do you have an anti-malware solution in place? Netiquette also means simple housekeeping – control what you do with your digital identity. Infected PC's are often the source of spam, malware relaying, or email scams, without the owners' knowledge.

More articles by Joe can be found on at: <u>http://www.mendocinobroadband.org/crossing-the-</u> <u>digital-divide-by-joseph-feigon/</u>



Many thanks to all who made the **2017 Annual WVFD BBQ** in August such a great success! Hundreds of great folks enjoyed the great food, great music, great vendors, and great raffle! Three Cheers for All!!

<u>September 2017</u> <u>Westport Calendar</u>

September 4^{th} – Labor Day

September 5th – Westport Municipal Advisory Council Monthly Meeting, 7:00 PM, Westport Church

September 14th – Bookmobile, 9-9:30AM, Store

September 2nd – Summer Flea Market, 11:00AM to 2:00PM, Westport Community Headlands

September 3rd – First Sunday Quaker Worship Group, 10:00AM at the Westport Community Church

September 3rd – Westport Community Church Monthly Board Meeting, 11:30AM, Westport Church

September 6th – Full Moon, 12:02PM

September 13th – Westport Volunteer Fire Department Monthly Meeting, 6:00PM, Westport Firehouse

September 9th – Westport County Water District Monthly Board Meeting, 10:00AM, Firehouse

September 10th -- Carolyne Cathey, "Till Death Do Us Not Part",10:00AM, Westport Community Church

September 17th – Third Sunday Quaker Worship Group, 10:00AM at the Westport Community Church

September 19th – New Moon, 10:29PM

September 20th – Rosh Hashanah begins at sunset

September 22nd – Fall Equinox, 1:02PM

September 22nd – Rosh Hashanah ends at sundown

September 28th – Bookmobile, 9-9:30AM, Store

September 29th – Yom Kippur begins at sunset

September 30th – Frank Maurice Memorial Potluck, 2:00PM, Westport Hotel

September 30th – Yom Kippur ends at sundown

October 1st – First Sunday Quaker Worship Group, 10:00AM at the Westport Community Church

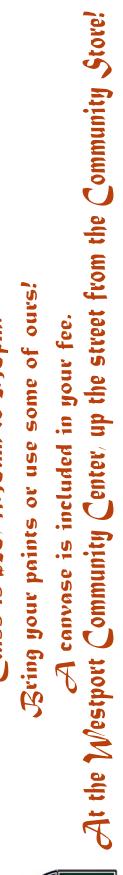
October 1st – Westport Community Church Board Monthly Meeting, 11:30AM, Westport Church

October 3rd – Westport Municipal Advisory Council Monthly Meeting, 7:00 PM, Westport Church

October 5th – Full Moon, 11:40AM

October 6th – Westport Village Society 25th Annual Members' Meeting, 6:30PM, Westport Church

The Westport Wave is a free monthly community newsletter published by the **Westport Village Society**, a non-profit community-benefit organization. Internet subscribers to *The Wave* receive their **COLOR** copies on or before the first day of every month by e-mail. Printed (black-and-white) copies of our current newsletter are also available for free at the Westport Community Store. **Check out our website** <u>www.westportvillagesociety.org</u>, to read and download both our current issue and over five years of past issues of *The Wave*. Contributions for our October 1st, 2017 issue of *The Westport Wave* are due by September 26th, and should be sent to Editor Steve Brigham at <u>westportwave@gmail.com</u>, or P.O. Box 237, Westport, CA 95488. Thank You!





Class is \$20, 11:30am to 2:30pm.

Immerse youreslf in the fine art of painting in beautiful Mestport.



WESTPORT VILLAGE SOCIETY

MINI GRANT APPLICATION FOR WESTPORT

Name of project:	
Your full name:	Phone #
Address:	
Please check appropriate box(es): resident []; property owner []; WVS member []
Name(s) of people involved in project:	
Have you applied for or been awarded a prev YesNoIf so when?	

This "Mini Grant" will range in increments of \$50, from \$50 to \$250 and should be **beneficial to the Westport community**, i.e. paint/repair jobs, adverts for community oriented events (such as classes or farmer's market), dumpster for clean-up, play dates at the school, planting flowers/trees, or painting fire hydrants etc.

Please explain concisely your planned use of this grant, start date, length of time for completing your project, and specific costs:

__(continue on back)_____

Mail to WVS, PO Box 446, Westport, CA 95488, Attention Mini Grant Committee.

Submitte	ed by		Date			
NOTE:	For a timely	response, phon	e 964-7355 101	business day	s from date	of mailing.



About WVS

The Westport Village Society, Inc. is a nonprofit 501 (c)(3) corporation organized in 1992 to foster the preservation, enhancement, and interpretation of the environment in and around the village of Westport, California and to support local charitable and educational projects. Anyone can access our newsletter on line, participate in events, and contribute to WVS, but voting privileges are reserved for those who pay annual dues and reside within or own property in the area shown on the back of this form.

Application

Name(s):			
Preferred Notif	ication Method:		
\Box Mailing Add			
\Box Email Addre	ess:		
Telephone (opt	ional): ()		
I/we live or ow	n property in the Membership area:	\Box YES	\square NO
Payment of due	<u>es:</u>		
Num	ber of members: x \$15.00 per person/year	=	
Fam	ily membership (\$25.00/year)	=	
Donations:	a) Headlands Fund	=	
	b) Community Center Fund	=	
	c) General Fund (unrestricted purposes)		
Total Amount	Enclosed	=	

Members and the interested public are encouraged to participate in the WVS Annual Member Meeting (the first Friday in October at 7:00 PM at the Westport Church), Board meetings (3rd Saturdays of Jan/April/July/Oct at 10:00 AM at the Westport Church), and other activities and events hosted by the organization. Learn more about our organization visiting our web site at http://www.westportvillagesociety.org/ or email us at wvs@westportvillagesociety.org. Dues pay for the cost of communications, while donations are tax deductible. We acknowledge receipt of any

donation over \$100.00 or will send an acknowledgement for smaller donations by request. The WVS also would be pleased to accept chartable bequests.

WE APPRECIATE YOUR GENEROSITY!!

WVS Membership Area Map

