



HAPPY HALLOWEEN!

Westport Hotel & Old Abalone Pub October Happenings

Tabby Korhummel, General Manager,
Hotel and Pub

A big thank you to everyone who came out to support the Old Abalone Pub this summer! We appreciate your patronage and look forward to seeing you this fall season.

Our Fall Pub Hours are Thursdays, Fridays, and Saturdays from 5:00pm to 8:30pm. (707) 964-3688. We are collecting art to hang for our “You Art What You Eat” show. Please call 707-964-3688 or email westporthotel@mcn.org if you would like to contribute art.

Stay tuned for our Pie and Other things Pumpkin contest in November!

See Westport’s Own Ann Woodhead in

RIPCORD at the Mendocino Theatre Company thru Oct. 15th!

A sunny room on an upper floor is prime real estate in the Bristol Place Senior Living Facility, so when the cantankerous Abby is forced to share her quarters with new-arrival Marilyn, she has no choice but to get rid of the infuriatingly chipper woman by any means necessary. A seemingly harmless bet between the old women quickly escalates into a dangerous game of one-upmanship that reveals not just the tenacity of these worthy opponents, but also deeper truths that each would rather remain hidden.

Written by David Lindsay-Abaire and Directed by Alex Rapport, RIPCORN runs Thursday, Friday, and Saturday evenings at 7:30PM, and Sunday afternoons at 2:00PM. The show closes on Sunday, October 15th. For ticket information, email the Mendocino Theatre Company at mendocinetheatrecompany.org, or call the box office at (707) 937-4477.

Westport Halloween and Potluck Tuesday, October 31st, Starting at 5:30PM at the Westport Church

Erin Detrick

Ghouls, goblins, local families, and friends, please join us on October 31st for trick-or-treating fun followed by a yummy potluck. We’ll meet at the Westport Community Church at 5:30PM. We will take our traditional group picture then set out, escorted by members of Westport’s Volunteer Fire Department. The trick-or-treating route will begin with Abalone St, then Omega loop. Then we’ll zig-zag through town down Seaview, Pelican, Pacific, and Hillcrest Terrace ending up back at the Church. Potluck will start when the kids are done with trick-or-treating. Please bring a yummy dish to share. If you have any questions, please text/call 707-489-2546, email erind.3500@gmail.com, or see me/leave message at the Westport Store. Thank you! See you all there!



The Westport Church

Thich Nhat Hahn Discussion Group Sunday, October 8th, 2:00PM

Baile Oakes

This **Westport Community Church** discussion group is focused upon the teachings of **Thich Nhat Hahn**. We will share his messages, different each month, and discuss how they might or might not influence how we show up for our selves and all Creation. This month, our quote is on Understanding and Love (see box below left). We request that attendees be vaccinated and we will meet according to Church Covid precautions.

Cemeteries Need Help with Flags

Gary Quinton

The Westport –Ten Mile Cemetery District’s Cemetery Flag Volunteer’s position is responsible for placing the USA flags at the Westport and Inglenook cemeteries on the appropriate days during the year. The flags are placed on the fences in front of the cemeteries and on the headstones of veterans in the cemeteries. If you are interested, please contact Gary Quinton at (707) 357-1040

24/7 Westport Wave

The Westport Wave is always free to everyone at any time on the Newsletter page of our website www.westportvillagesociety.org – where you’ll find our most current issue as well nearly 12 years of monthly back-issues, all in living color, with live links! Check it out, and tell your friends!

“The more you understand, the more you love; the more you love, the more you understand. Understanding is love’s other name”

Thích Nhất Hạnh



Babaji

Shelter from the Storm

Babaji

The fall season is coming. The light of the sun becomes less and less, the weather outside becomes colder. Sitting inside, in a comfortable place, protected from the elements outside, how fortunate we are. We can see that strong wind and chill outside - we are aware of it but we are not much affected by it. We can only imagine what it must feel like to be in that wind.

Our spiritual practice is like that shelter from the elements outside. We are aware of challenges that are out there, yet we are not affected by them. Sitting in the shade of our spiritual practice, we are able to enjoy life. Challenges or hardships don't go away - they are there. But this space that we create with our effort provides us shelter and protection in our lives.

What is a "spiritual practice"? A spiritual practice is any effort we make to connect with the Divine, our own inner richness, our Higher Self, the best we can be.

Many times our minds will imagine and get stuck on the worst case scenario. Although our actual reality may be totally different, because of the nature of our mind, we have a tendency to flow towards fear and other negative emotions. If we pay attention to the way our mind is, we can save ourselves from so much unnecessary stress and worry. Whenever we find ourselves flowing into negativity, it is a good time to stop, take a step back and take a look at our fears. How real are they? Are our thoughts serving a higher purpose? This is called, *being a friend to ourselves*.

What does it mean to be a true friend? A true friend is the one who encourages us of our capability to come from a higher place. When we are flowing towards fear, anger and resentment, a true friend reminds us that we are capable of thinking in another way.

There are moments in our life when we feel uninspired, void of devotion, there is no faith, there is nothing higher in life to bow to. When

we are feeling that emptiness and lack of gratitude and trust in our spirituality, the best remedy in this day and age is *sangha* - good company. By being in the vibration of those people or thoughts or even animals or plants who inspire us, we find support. And when we do things like this, we are being a true friend to ourself. These efforts build that safe space inside where we can sit in and be protected from the elements of the challenging world.

May we continue on our journey to know our true Self and may our spiritual practice be that shelter in our lives.



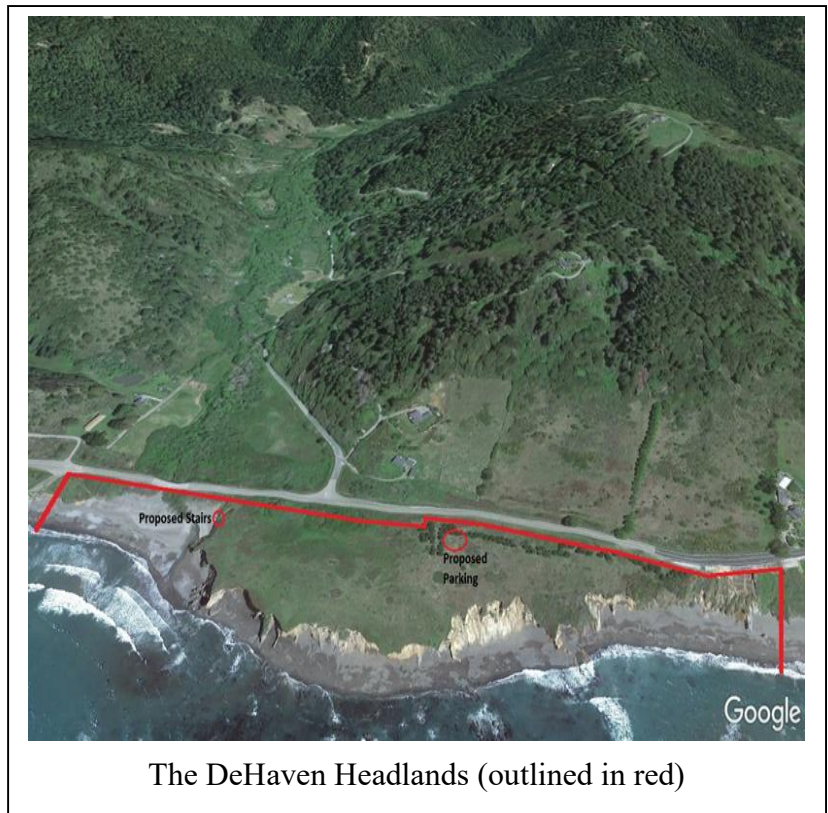
Babaji's mission is to help people experience fullness in life through simple spiritual practices and meditation. He currently divides his time between the Sonoma Ashram in Sonoma and Upasana Hilltop Sanctuary here in Westport. For more information, please visit www.sonomaashram.org or reach out by email at info@sonomaashram.org. We'd love to hear from you!

Westport MAC Meeting

The Westport Municipal Advisory Council is now holding its regular monthly meetings on the first Thursday of each month at the Westport Community Center at 7:00PM. The upcoming meeting will take place Thursday, October 5th with an agenda that includes matters referred by the County’s Department of Planning and Building Services, the problem of escalating costs for homeowners insurance, a parcel address correction issue, an update on local Caltrans projects, an update on the WMAC website, announcements, and possibly other late-breaking topics. Contact WMAC95488@gmail.com to suggest topics for discussion or to request an agenda.

Some of you may have heard that the Board of Supervisors decided to dissolve a number of County Boards, Councils, Commissions, and other appointed bodies at their meeting on August 29, purportedly as a cost saving measure. All six of the MACs in the County were originally on the chopping block, but they were removed from the list of appointed Boards the BOS decided to cut. During the discussion of the proposal it came to light that the six MACs had a combined budget of only \$17,500—a drop in the bucket given the looming \$10m deficit. But the larger issue was the staff time County employees spent responding to those advisory councils. Local District 4 Supervisor Dan Gjerde supported retention of the MACs. Local radio and newspapers published articles on this topic.

Thus, the WMAC will continue to operate for the foreseeable future, facilitating community input to the County and other government entities on issues of concern to us. There are currently two vacancies on the WMAC Board. Director Baile Oakes resigned following the last WMAC meeting held on September 7. In addition, another Director’s term has expired. If you are a registered voter in the WMAC area and have an interest in voluntary service on the WMAC you can apply for appointment by visiting: <https://www.mendocinocounty.org/government/board-of-supervisors/boards-and-commissions>. That web page provides a link to an application form. Or you can contact the Clerk of the BOS by phone or email.



The DeHaven Headlands (outlined in red)

DeHaven Update

A Management Plan (MP) for the Westport Village Society’s DeHaven property was recently finalized and plans for a stairway and small parking lot are currently being designed by Moffatt and Nichol Engineers. Permit applications have also been prepared by WVS in readiness for submission later this fall.

An initial draft of the management plan was released two months ago with the aim of obtaining input from the public, State Coastal Conservancy, WVS Directors and members, and local tribes. A public meeting was then held September 9th at the property with six people attending. Comments from the public, WVS Directors, and SCC supported the goals of the project, but also posed a few questions and concerns. The final MP took those issues into careful consideration, adjusting the proposed access improvements and management approaches. The final MP can be downloaded on the WVS website at: <https://www.westportvillagesociety.org/DeHaven.html>.



Roadside Brush Clearing Before

Department ambulance or fire trucks to pass safely and turn around on each road. After our project finished, some residents on nearby roads hired the crew to clear roadways and defensive space around their homes.

Westport Fire Safe Council is continuing to work with the Westport VFD to pursue more grant funding to clear the other secondary roads in our community. After Phase 1 we will do Phase 2 to widen the clear space on the sides of the road for safer evacuation when needed. We also have funds for defensible space clearing. Let us know if you would like to be involved in Westport Fire Safe

Projects and haven't sent us a sign up form already.

Carla Thomas, Westport Fire Safe Council, 707-272-1994 or carlaSthomas@earthlink.net

Westport Roadside Fuel Reduction Project 2023

Carla Thomas, Westport Fire Safe Council

The Westport Fire Safe Council conducted Phase 1 Roadside fuel reduction for emergency vehicle access during August on two roads in Westport Beach Subdivision. We used funding from the Mendocino County Fire Safe Council's Micro Grant Program and their Chipper Days Program.

We were able to hire Elk Ridge Tree Service to do roadside fuel reduction on Howard Creek Road and Ponderosa Road. They cleared brush, limbed lower branches on trees and removed small tree sprouts enough to allow the Westport Volunteer Fire



Roadside Brush Clearing After

October 2023
Westport Calendar

Ongoing classes at the Westport Community Center:

Mondays and Wednesdays at 5:00PM – RIPPED exercise program with Kayla.

Wednesdays at 9:00AM – Tai Chi with Beck.

Thursday, October 5th – Westport Municipal Advisory Council Meeting, 7:00PM, Westport Community Center (see page 5), Contact WMAC95488@gmail.com for an agenda.

Friday, October 6th – Westport Village Society Annual Members’ Meeting, 7:00PM, Westport Community Center and Zoom. Reception with potluck snacks/treats and non-alcoholic beverages starts at 6:30PM (see page 1)

Sunday, October 8th – Thich Nhat Han Discussion Group, 2:00PM, Westport Church (see page 3)

Monday, October 9th – Indigenous Peoples’ Day

Wednesday, October 11th – Westport Volunteer Fire Department Monthly Meeting, 6:00PM, Westport Firehouse

Thursday, October 12th – Bookmobile, 9:00AM to 9:30AM, Westport Store

Thursday, October 12th – Westport County Water District Monthly Board Meeting, 7:00PM, Zoom. Call Kayla Cooper at (707)367-1057 for information on attending by Zoom.

Saturday, October 14th – Partial Solar Eclipse, 8:04AM to 10:39AM (maximum at 9:18AM), USE ONLY APPROVED SOLAR GLASSES TO VIEW!

Saturday, October 14th – New Moon, 10:55AM

Thursday, October 19th – Westport Community Church Board Meeting , 10:00AM, Westport Community Church. All are welcome.



Wednesday, October 25th – Westport Village Society Quarterly Board Meeting, 6:30PM, Westport Community Center. Contact bill@netwidget.com well in advance for details about how to join via Zoom.

Thursday, October 26th – Bookmobile, 9:00AM to 9:30AM, Westport Store

Saturday, October 28th – Full Moon, 1:24PM

Tuesday, October 31st – Halloween – Westport festivities start at 5:30PM at the Westport Community Church with trick-or-treating through the village, then continue after that with a potluck at the Church (see page 2)

The Westport Wave is a free monthly community newsletter published by the **Westport Village Society**, a non-profit community-benefit organization. Internet subscribers to *The Wave* receive their **COLOR** copies on or before the first day of every month by e-mail. Printed (black-and-white) copies of our current newsletter are also available for free at the Westport Community Store. Both the current *Westport Wave* and nearly 12 years of monthly back-issues are also on the Newsletter page of our WVS website www.westportvillagesociety.org. **Contributions for our November 1st, 2023 issue of *The Westport Wave* are due by October 26th**, and should be sent to Editor Steve Brigham at westportwave@gmail.com. Thanks!