

November 1, 2024

The Westport Wave

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Update On The Westport Village Society

Thad Van Bueren, President, WVS

We would like to provide some highlights from our Annual Member Meeting on October 4, 2024 and quarterly Board Meeting on October 23, 2024. Both were held at the Westport Community Center. For those new to the area or the organization, WVS is a 501c3 nonprofit formed in 1992 to support local land conservation and other charitable and educational projects in the Westport area. We have successfully conserved 35 acres of oceanfront land, improved public coastal access, and sponsored a wide variety of events for the community. To find out more about WVS and its mission please visit:

<https://www.westportvillagesociety.org/>

The Annual Meeting was well attended and included a review of WVS finances and activities, voting for two open positions on the Board, and listening to community input, suggestions, and concerns related to our mission and activities. Two open positions on the Board were filled by acclamation with a voice vote at the Annual Meeting. Sebastian “Beck” Regalia and Sheila Winslow were elected for three year terms that expire in October 2027. WVS revenue increased by about \$21k last year with total assets including conserved lands valued at nearly two million dollars.

Appreciation was expressed to Tabitha Korhummel for all the work that went into planning the March 2024 Whale Festival, an event that unfortunately had to be cancelled due to inclement weather.

Thad Van Bueren offered a summary of plans to improve public access on the DeHaven property. Some concerns were voiced about potential problems with camping, trash, and related issues on that WVS property. Those issues will receive further consideration as the project moves forward. Some members also favored staging more events that draw the community together, especially revival of the Annual Ducky Race. Other ideas for events included a Plein Air art festival, community brunches, and events like movie nights.

Officers were selected for the coming year at the WVS Board meeting on October 23, 2024. The Board appointed Thad Van Bueren as President, Tabitha Korhummel as Vice President, and Bill Knapp as Treasurer, with Robert Finnell continuing to serve as Secretary. Bill Knapp reported that the Mendocino Land Trust has reached an agreement to acquire 3 parcels between the south end of the village and the Caltrans slide repair. They anticipate support from the State Coastal Conservancy and WVS has agreed to cooperate. A year-end appeal was approved to encourage donations to WVS for land conservation and other purposes.

Lastly, in preparation for the revival of the Great Rubber Ducky event (May 11, 2025), WVS seeks submissions of a poster design by no later than December 15, 2024. The poster should reflect original art you are willing to donate that includes an open area where details for the event can be printed. Posters should be hand delivered to Tabitha Korhummel no later than Dec. 15. She can be reached at: lostcoastvista@gmail.com. Please contact Tabby if you would like to help with the event planning. You are invited to the next Ducky planning session, December 16th at 11:00 AM at the Westport Hotel.

Westport Community Church Membership and Election News

Erin Detrick, President, WCC

The Westport Community Church board members would like to announce we are accepting new memberships and to remind those who are already members to renew your membership. Family membership is \$30. Individual membership is \$20. These memberships go toward utilities and upkeep of the church and community center. You will also be able to help with important decisions, such as voting in the

upcoming December election to fill the available two board member positions. Please have your membership dues in by, no later than, November 29, 2024. Send dues, along with name(s), mailing address, and other contact information to WCC, PO Box 23, Westport, CA 95488. Eligibility for membership is restricted to individuals over 18 years of age whose primary residence is within Townships 20 North and 21 North of Range 18 West of the Mount Diablo base meridian. Membership is not restricted by Spiritual orientation.

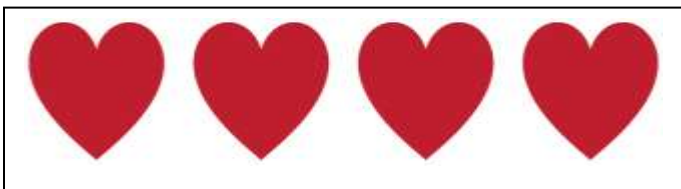
For those looking to get more involved in the Westport Community Church, contact me for a new board member application. There are two, 3-year board member positions available this election. My seat is open and I am excited to run again and local Rob Holt is also running. All applications need to be completed and returned by November 29, 2024, in time to create ballots to be mailed on December 1, 2024. Board members must be a member of the Westport Community Church. The candidates will be announced in the December 2024 edition of The Westport Wave and on the bulletin board at the Westport Community Store. Voting information will be available at that time, as well. Contact me at erind.3500@gmail.com with any questions you may have. I will be at the WCC's Holiday Bazaar on Saturday, December 7th from 11 AM-3 PM with membership applications and information on the voting process and how to get more involved in the WCC. Thank you!



Westport Halloween and Potluck Thursday, Oct. 31st, Starting at 5:15PM at the Westport Church

Erin Detrick

Ghouls, goblins, local families and friends, please join us on October 31st for trick-or-treating fun followed by a yummy potluck. Will meet at the Westport Community Church at 5:15PM. We will take our traditional group picture, then set out, escorted by members of the Westport Volunteer Fire Department. The trick-or-treating route will begin with Abalone St. and then the Omega loop, then will zigzag through town down Seaview, Pelican, Pacific, and Hillcrest Terrace ending up back at the Church. Potluck will start when the kids are done with trick-or-treating. Everyone is invited. Please bring a yummy dish to share. If you have any questions please text/call Erin at 707-489-2546 or see me or leave a message at the Westport Store. Thank you! See you all there!



Westport Hotel and Old Abalone Pub October News

Tabby Korhummel, General Manager, Hotel and Pub

The Westport Hotel and Old Abalone Pub Fall Hours are Thursdays, Fridays, and Saturdays from 5:00PM to 9:00PM. We also serve Saturday afternoon Tea every 3rd Saturday by reservation from 3:00PM to 5:00PM. Please call for more information – 707-964-3688. Thanks!

Westport Holiday Bazaar Saturday, December 7th 11:00AM to 3:00PM

Erin Detrick, WCC President

Please join us for our annual Westport Holiday Bazaar on Saturday, December 7th, 2024 from 11 AM-3 PM located at the Westport Community Center. Talented artisans will have their artwork, jewelry, and other handmade goods beautifully displayed to make your holiday shopping easy. Local baked goodies and treats will be available, as well. There will be a Westport Community Church/Center membership drive/information table where I will be there to answer any questions about how to get more involved in our organization. If you, or anyone you know would like to be part of this event, please contact me at erind.3500@gmail.com, text/leave message at (707) 489-2546, or find me at the Westport Community Store. Thank you for your continuous support!

Light the Tree with Santa Saturday, December 7th at 5:30PM

Val Hale and Erin Detrick

Local families and friends, please join us on Saturday, December 7th at 5:30PM across from the Westport Store to help Santa light the Westport Christmas Tree! After lighting the tree, Santa will hand out presents. Parents, please RSVP to Erin ASAP to ensure Santa knows who is getting a gift. Locals who have been asking about how they can donate a gift for the event, please have a ready-to-play-with, wrapped \$12-\$15 present turned into the Westport Store by



Save the Date! Saturday, December 7th Westport Christmas Bazaar, Community Tree Lighting With Santa, and a Community Dinner!

December 1st, 2024. Please indicate if gift is for girl/boy/unisex and for what age. You can get information & RSVP by coming by/calling the Westport Store (707) 964-2872 or contact Erin at (707) 489-2546 or email erind.3500@gmail.com. Let's keep the tradition alive! Happy Holidays!

Westport Holiday Dinner Saturday, December 7th

Sheila Winslow

Mark your calendar! The church and community center has something for everybody on December 7! As you have already read there is a Christmas bazaar, followed up by the tree lighting ceremony and a visit from Mr. and Mrs. Claus! After the tree lighting please join all of us, your community, for a Christmas dinner at the community church and center on December 7!

The Westport Hotel will be contributing a Turkey. There will be a sign-up sheet at the Westport Store and we are looking for folks to bring their favorite holiday potluck dish. Or you can text, call or email Sheila Winslow to sign up a dish and or rsvp. 916-812-3528 sheilawinslow@sbcglobal.net Please RSVP so we know how many people to plan for. The community center and church will be fully decorated for the holiday event. I hope to see you all there! Cheers and Happy Holidays!



The Westport Church

**Thich Nhat Hanh Discussion
Group Sunday, Nov.10th, 2:00PM**

Baile Oakes

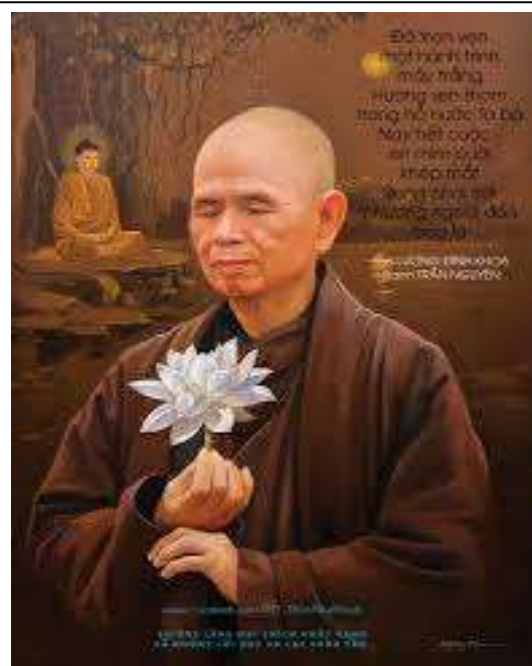
This **Westport Community Church** discussion group is focused upon the teachings of **Thich Nhat Hanh**. We will share his messages, different each month, and discuss how they might or might not influence how we show up for our selves and all Creation. This month, our quote is on Fear (see box at upper right). We request that attendees be vaccinated and we will meet according to Church Covid precautions.

24/7 Westport Wave

The Westport Wave is always free to everyone at any time on the Newsletter page of our website www.westportvillagesociety.org – where you’ll find our most current issue as well as over 12 years of monthly back-issues, all in living color, with live links! Check it out, and tell your friends!

“The only way to ease our fear and be truly happy is to acknowledge our fear and look deeply at its source. Even when we are most joyful, there is fear behind our joy. We fear that this moment will end, that we won't get what we need, that we will lose what we love, or that we will not be safe”

Thich Nhat Hanh



Thich Nhat Hanh



Babaji

Practicing Self-Care

Babaji

This morning I was appreciating Nature's beauty - feeling the temperature of the air, noticing the quality of light, the winter fruits that are starting to ripen, the leaves that are changing their color. There is so much beauty surrounding us.

At the same time there is so much noise and confusion in the world right now. All of the base human qualities are coming to the surface. People have forgotten how to be good human beings.

In the U.S. right now the presidential election is on everyone's mind. When you look at it, there is about the same number of people supporting each of the candidates. Whatever our preference may be, can we acknowledge that there are some good ideas and qualities on the other side too?

Amidst everything that is happening, if we could all just stop, take a step back, take a deep breath, and question what is the purpose of all the ugliness? There has to be a better way.

We all have our own ideas of the way things should be. But there is so much that is out of our control and things that we see as "bad" are happening all the time. What is in our control is how we handle the challenges that come.

The first thing that's within our control is taking care of ourselves. If our health is not good everything else becomes meaningless. No matter what is going on out there, please do not lose sight of your own health.

The weather is perfect right now. After the busyness of the summer months, now maybe there is more time to pay attention to self-care.

In the yogic tradition, a healthy morning routine is the foundation of a successful life. A healthy routine is something that everyone can do - we just get lazy and fall back into habits that don't really serve us. To succumb to laziness or bad habits is the unkindest thing we can do to ourselves.

Early morning is the time to really build up your energy. I recommend starting the day with three deep breaths. Before jumping to look at the phone or check the news, take a moment to acknowledge that most precious gift of this life - our breath.

What is the first thing we take into our body in the morning? I recommend a nice big glass of warm water. After that, what about some gentle stretching or yoga or going out for a walk? When we dedicate our mornings to our good health, we are ready to handle whatever the day may bring.

Find a reason to laugh and to smile. Bring lightness to your heart. No matter what's going on, find a way to detach yourself from it all. Look at a beautiful flower or tree. Once your mind goes into the appreciation of beauty, your heart becomes light.

Take advantage of this month of November, and find some time to fine tune those old habits. Find some time for a morning walk, even a short one. Find a reason to laugh. Find a reason to smile. Find some appreciation.

Change is coming - look forward to it instead of fearing it. All of this commotion is going to subside and there will be a new beginning. So let's get ready for the new beginning in our own hearts and minds. We start with ourselves. Not out there. First we start here, and once we start here, it will affect the change out there.

Babaji's mission is to help people experience fullness in life through simple spiritual practices and meditation. He divides his time between the Sonoma Ashram in Sonoma and Upasana Hilltop Sanctuary here in Westport. For more information, please visit www.sonomaashram.org or reach out by email at info@sonomaashram.org. We'd love to hear from you!



The Westport Water Tower House Illuminated by the Northern Lights, by George Lin, 10/10/24



50 Years Ago, by Bill Brazill – This was Carl Harlison’s house in 1973 when Bill took this photo. It is the last house on the left along Highway 1 as you leave Westport Village going north, and is a perfect example of the symmetry and functionality of so many early homes.



Coffee and Conservation

Bill Knapp

As mentioned in the WVS update article on page 1, the **Mendocino Land Trust** is moving forward on multiple parcels on both sides of Hwy 1 between the south end of Westport and Bruhel Point (AKA Blues Beach). One of the topics discussed at the October Annual meeting was bringing additional property under Land Trust protection. This meeting is an opportunity for Westportians to get first hand information on these parcels centered around Bell Point. It is also an opportunity to explore how WVS and MLT can cooperate to protect and maintain currently managed and possible future coastal parcels around Westport. **The WVS and the MLT hope to share a cup with you on Friday November 22nd at 10:00AM at the Westport Hotel!**



Free Food For All

at the Westport Choice Pantry

Melinda McLaughlin

The Westport Volunteer Fire Department is currently hosting a Food Pantry with food for all community members on the third Wednesdays and Thursdays of the month. **Fresh produce, meat, dairy, cereal, canned goods, pasta, and juice are available for pick up. Bags are at the ready! Kids' bags with diapers are available as well. We are located at the Westport Firehouse, 37551 Shoreline Highway, Westport.** Wednesday hours (this month November 20th) are 6:00PM to 8:00PM. Thursday hours (this month November 21st) are 10:00AM to Noon. **In addition, we are considering being open on the third Saturday of the month as well. If you would like to assist in that regard, please call 707.972.3583. Thank you in advance for your support!**





Westport Halloween October 31st! (see page 2)

November 2024 Westport Calendar

Ongoing classes at the Westport Community Center:

Wednesdays at 9:00AM – Tai Chi with Beck.

Thursday, October 31st – Halloween

Thursday, October 31st – Westport Halloween festivities, including trick-or-treating in town and a potluck, start at 5:15PM (see page 2)

Friday, November 1st -- Diwali

Friday, November 1st – All Saints’ Day

Friday, November 1st – New Moon, 5:47AM

Saturday, November 2nd – All Souls’ Day (Day of the Dead)

Sunday, November 3rd – Daylight Saving Time Ends, 2:00AM (Set clocks BACK one hour)

Tuesday, November 5th – Election Day – Last chance to get your ballots in! VOTE – VOTE – VOTE!

Thursday, November 7th – Bookmobile, 9:00AM to 9:30AM, Westport Store

Thursday, November 7th – Westport Municipal Advisory Council Meeting (planned), 7:00PM, Westport Community Center (see <https://www.wmac95488.org/> for details)

Sunday, November 10th – Thich Nhat Hanh Discussion Group, 2:00PM, Westport Community Church (page 4)

Monday, November 11th – Veterans Day

Wednesday, November 13th – Westport Volunteer Fire Department Monthly Meeting, 6:00PM, Westport Firehouse

Thursday, November 14th – Westport County Water District Monthly Board Meeting, 7:00PM, Zoom. Call Kayla Cooper at (707)367-1057 for information on attending by Zoom.

Friday, November 15th – Full Moon, 1:28PM

Wednesday, November 20th – Westport Food Pantry, 6:00PM to 8:00PM, Westport Firehouse (see page 7)

Thursday, November 21st – Bookmobile, 9:00AM to 9:30AM, Westport Store

Thursday, November 21st – Westport Food Pantry, 10:00AM to Noon, Westport Firehouse (see p.7)

Friday, November 22nd – Coffee and Conservation with The Mendocino Land Trust, 10:00AM, Westport Hotel (see page 7)

Thursday, November 28th – Thanksgiving Day

Saturday, November 30th – Black New Moon (second New Moon in one month), 10:21PM

The Westport Wave is a free monthly community newsletter published by the **Westport Village Society**, a non-profit community-benefit organization. Internet subscribers to *The Wave* receive their **COLOR** copies on or before the first day of every month by e-mail. Printed (black-and-white) copies of our current newsletter are also available for free at the Westport Community Store. Both the current *Westport Wave* and over 12 years of monthly back-issues are also on the Newsletter page of our WVS website www.westportvillagesociety.org.

Contributions for our December 1st, 2024 issue of *The Westport Wave* are due by November 26th, and should be sent to Editor Steve Brigham at westportwave@gmail.com. Thanks!