

October 1, 2025

The Westport Wave

Published by the Westport Village Society, P.O. Box 446, Westport, CA 95488

Westport Village Society Annual Meeting Friday, October 3rd Update

Thad M. Van Bueren, President,
Westport Village Society

The Westport Village Society was awarded a \$270,000 grant by the State Coastal Conservancy on September 18, 2025 to construct public access improvements on the DeHaven property. That 26-acre oceanfront parcel was acquired in 2022 with an earlier grant from the SCC that included funding for environmental studies, engineering, and permitting costs. Permits have been approved for the improvements and construction is planned for the summer of 2026 employing the services of a construction contractor and the engineers who assisted with the design.

The improvements planned on the DeHaven property will include a small paved parking lot with 5 spaces next to Highway 1 on the south headland, a paved trail from that lot to the bluff edge accessible for disabled visitors, a stairway connecting the south bluff to the beach at the mouth of DeHaven Creek, a mowed trail system that will connect the stairs to the parking lot, and signage. We are also pleased to note that a new parking lot was recently created at the south end of Westport Union Landing State Beach. That lot provides parking that can be used to access DeHaven Beach from the north headland.



New parking area at south end of Westport Union Landing State Beach

The Westport Village Society would also like to remind members and the local community that we will hold our Annual Member Meeting on Friday October 3, 2025 at the Westport Community Center. Please mark your calendars and plan to join us!! A social mixer will start at 6:30 PM, providing a chance to meet neighbors and find out about WVS. You can renew your membership or join WVS for the first time. Any contributions of beverages and sweet or savory treats would be welcome!

The Annual Member Meeting will start at 7:00 PM with an update on WVS, the election of two Board Members, and a discussion of your ideas about priorities for the coming year.

You may attend the WVS Annual Meeting by Zoom with the following link, but please be advised that we have no way to accommodate electronic voting:

<https://us06web.zoom.us/j/88227503106?pwd=EjuzkwbzmnwSrZPZgMu6HtPKCLpyOjt.1>

Meeting ID: 882 2750 3106

Passcode: 692098

Two candidates are running for 3 year terms on the WVS Board. Their Candidate Statements follow:

Bill Knapp: *My name is Bill Knapp and my current WVS Board term expires this year. I have been a Board member and Officer of WVS since 2005. My preference is for a newer member to fill my position. I will not be an Officer going forward if elected, but will continue to be active with WVS whether on the Board or not. I strongly believe that the WVS Board needs new blood. I will do my best to support and help any new Board Members.*

Madison McKenney: *Hi I'm Madison McKenney (née Ballard). I grew up in Westport and much of what I value has been formed by this place and its people. I have greatly benefited from the work that the Westport Village Society has done and I am hoping to join the board to give back to the community and strive to preserve what I believe to be the culture of Westport.*

After the Annual Meeting, at about 7:30 PM, local archaeologist Thad Van Bueren will offer a presentation with slides about the lengthy occupation of the Westport area by First Nations. That informal talk will last about 30 minutes. Information about Westport Village Society is available at: <https://www.westportvillagesociety.org/> and a membership application can be downloaded from that website along with information about the organization and its activities. We hope to see you October 3, 2025!

**A Talk About First Nations
in the Westport Area**

October 3, 7:30 PM
Community Center
(after the WVS Meeting)



By Archaeologist Thad Van Bueren

Don't Miss Thad's Talk After the October 3rd WVS Members Meeting!

Westport's Halloween and Potluck Friday, Oct. 31st, Starting at 5:15PM at the Westport Church

Erin Detrick

Ghouls, goblins, local families and friends, please join us on October 31st for trick-or-treating fun followed by a yummy potluck. We will meet at the Westport Community Church at 5:15PM. We will take our traditional group picture, then set out, escorted by members of the Westport Volunteer Fire Department. The trick-or-treating route will begin with Abalone Street and then the Omega Loop, then we will zigzag through town down Seaview, Pelican, Pacific and Hillcrest Terrace ending up back at the church. Potluck will start when the kids are done with trick-or-treating. Everyone is invited. Please bring a yummy dish to share. If you have any questions, please text call Erin at 707-489-2546 or see me or leave a message at the Westport Store. Thank you!

See you all there!



Babaji

The Power Hidden in Our Patterns

Babaji

This morning I noticed a beautiful sprout on top of a big rock in front of the house. It looked so happy. It had no fear. It was in its total fullness.

The message was very simple - have trust. The one who has helped you sprout, will also appear in the form of soil, air, water, sunshine. And the truth is, it does appear, against all odds. We were all born somewhere and we are all here today. Every day, every moment, some form of nurturing has appeared for us and supported us in the world.

When we stay connected to that gratitude and appreciation for the blessings in our life, we are truly connected with our strength. But when our attention goes away and we focus on what is lacking in our lives or what could make us happier, we forget our strength and forget what we already have.

So often we hear something that sounds good, we try it for a day, and then go back to our old way of being,

our old pattern. How can we create lasting change in our lives? The real work is inside.

Pay attention to the patterns that you have created in your mind. For instance, the tendency to focus on what is lacking in your life or whatever negative way of thinking you fall into that saps your energy or lowers your self-esteem. When you feel yourself moving in a negative direction and you find yourself falling into the same old pattern:

Stop. Take a step back. Take a deep breath.

With total awareness, total determination - acknowledge the thought pattern for what it is. Don't get lost in it. Move yourself. Go somewhere else.

It sounds very easy – too simple to really be effective. But actually, this is a very powerful practice. We become victims of our mind. The mind will say, “Oh,

this is very simple. It's not going to work.” The mind will throw that kind of suggestion and then we stay stuck in the old pattern.

The truth is that hidden within that bad habit is a tremendous amount of energy. Instead of being a victim of it, can you redirect the energy that is pushing you in a negative direction towards something higher? In my tradition, we never look at ourselves as a victim of circumstances. We look for the Shakti or power that is hidden in any negative pattern or situation. It's up to us – can we utilize it towards other things?

24/7 Westport Wave

The Westport Wave is always free to everyone at any time on the Newsletter page of our website www.westportvillagesociety.org – where you'll find our most current issue as well as over 13 years of monthly back-issues, all in living color, with live links! Check it out, and tell your friends!

Honor yourself, love yourself, and respect yourself. It has been said “You have no right to worship anyone else, except yourself.” To worship yourself is to live your highest. Bring in a solid routine that is good for the body, mind and spirit. Live a life of gratitude and remembrance, with lightness in the heart. Once you are able to recognize that you are complete and whole unto yourself, your thoughts become focused on the happiness and welfare of all, and you create a wonderful world around you.

Even bad habits or negative patterns are resources that you can draw upon. Instead of being victim to them, use the energy that is behind them towards creating new patterns of faith, trust and gratitude.

As the seasons merge, there is a special energy that is available to us to make lasting changes in our lives. The celebration of Diwali, the Festival of Lights, will be coming later this month. It's a time when people put lights around their house and property - even in all the forgotten corners. It's a perfect time to reflect within and bring a light to all of the dark corners inside yourself.



Babaji's mission is to help people experience fullness in life through simple spiritual practices and meditation. He divides his time between the Sonoma Ashram in Sonoma and Upasana Hilltop Sanctuary here in Westport. For more information, please visit www.sonomaashram.org or reach out by email at info@sonomaashram.org. We'd love to hear from you!



GUESS WHO?? HAPPY HALLOWEEN!! (see page 2)

October Westport Calendar

Wednesday, October 1st – Yom Kippur Begins at Sundown

Thursday, October 2nd – Yom Kippur Ends at Sundown.

Thursday, October 2nd – Westport Municipal Advisory Council Meeting, 7:00PM, Westport Community Center (see <https://www.wmac95488.org/> for meeting confirmation)

Friday, October 3rd – Westport Village Society 2025 Annual Member's Meeting, 6:30PM, Westport Community Center (see page 1)

Monday, October 6th – Full Moon, 8:47PM

Wednesday, October 8th – Westport Volunteer Fire Department Monthly Meeting, 6:00PM, Westport Firehouse

Thursday, October 9th – Bookmobile, 9:00AM to 9:30AM, Westport Store

Thursday, October 9th – Westport County Water District Monthly Board Meeting, 7:00PM, Zoom. Call Kayla Cooper at (707)367-1057 for information on attending by Zoom.

Monday, October 13th – Indigenous People's Day

Monday, October 13th – Canadian Thanksgiving

Monday, October 20th – Diwali

Tuesday, October 21st – New Moon, 5:25AM

Thursday, October 23rd – Bookmobile, 9:00AM-9:30AM, Westport Store

Friday, October 31st – Westport Halloween and Potluck, starts at 5:15PM at the Church (see p. 2)

Saturday, November 1st – All Saints Day

Sunday November 2nd – Dia de Los Muertos (All Souls Day)

Sunday, November 2nd – Daylight Saving Time Ends, 2:00AM (Set Clocks BACK One Hour)

The Westport Wave is a free monthly community newsletter published by the **Westport Village Society**, a non-profit community-benefit organization. Internet subscribers to *The Wave* receive their **COLOR** copies on or before the first day of every month by e-mail. Printed (black-and-white) copies of our current newsletter are also available for free at the Westport Community Store. Both the current *Westport Wave* and over 13 years of monthly back-issues are also on the Newsletter page of our WVS website www.westportvillagesociety.org.

Contributions for our November 1st, 2025 issue of *The Westport Wave* are due by Monday, October 27th, 2025 and should be sent to Editor Steve Brigham at westportwave@gmail.com. Thanks!

www.westporthotel.us

WESTPORT HOTEL

Fall 2025

AUTUMN



Fall Events!

• TEA TIME OCT 18TH / NOV 15TH

- We have two Afternoon Tea events this fall season. "You Art What You Eat" Tea on 10/18 and "Gratitude" Tea on 11/15.

• "YOU ART WHAT YOU EAT" you are invited to hang your art for the show. Call Tabby @ 707-946-3688 if you have art that fits the theme.

• ARTIST RECEPTION OCT 4TH

- We will be holding an artists closing reception for Jacquelyn Cisner from 4:00pm - 5:00pm. Come meet the artist and enjoy a drink and the smooth sounds of acoustic guitar by Chris Cisner.

• PIE & OTHER THINGS PUMPKIN COOK-OFF NOV 8TH

- Join us from 3:00-4:00pm and bring along your best pumpkin delicacy (pie, soup, bread, you name it!). The \$7 entry fee also makes you a judge of the treat selection. The winner will receive a prize.

As the first crisp breeze of fall whispers through the trees, there's an undeniable shift in the air that signals the arrival of a new season. Fall is time for gratitude for earth's bounty, reflection, growth and change. Transitioning from the vibrant energy of summer to the nurturing darkness of winter.



• PUMPKIN CARVING & SPOOKY MOVIE NIGHT OCT 29TH

- Join us for an afternoon of pumpkin carving, face painting and cider sipping starting at 4:30pm. When the lights get low we will transition to spooky movie night on the hotel lawn. Bring a blanket/chairs for sitting and a cozy jacket. We will be selling hot dogs (veggie too) popcorn and sweet treats!

EVENTS SCHEDULE

Oct. 4th Artists Reception for Jacqueline

Oct. 18th ... Afternoon tea, evening music w/ Chad Swimmer

Oct 29th ... Pumpkin Carving & Movie Night

Nov. 8thPumpkin Bake-off

Nov. 15th Gratitude Afternoon Tea, evening music w/Las Damas



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